

Little Dragons Taekwon-Do Class at AT&T Sports Center

**When:**

Tuesdays: 3:45-4:30 Mar 2-May 25
(No class on Mar 9 for Spring Break)

What: 12 classes, 1 class per week,
Tuesdays only this session

Location:

AT&T Sports Center – Group Fitness
Studio

For:

Ages 4-6 years old (age exceptions
through instructor)

Cost:

\$120 per session ** (this session is
12 weeks)

\$25 enrollment fee for non members

What is Little Dragons?

The Little Dragons focuses on improving children's
basic motor and listening skills.

These skills will help them have a more confident
and enthusiastic outlook.

They will become better students at school, better
listeners at home and more ambitious towards the
future.

Between the ages of 4 and 6 are among the most
important years of a child's development.

Little Dragons will enhance positive development in
a fun and motivating way.

Little Dragons helps prepare your child for future
Tae Kwon Do Programs if they choose.

They will learn how to work with others and follow
directions from their instructors. We will make
learning fun and educational.

**Instructors Sherry and Joshua DesJardin
are II Dan Black Belts and members of
Heart of the Dragon Taekwon-Do (formerly Three
Dragons Martial Arts Studio) in Fairbanks, Alaska.
They have trained and studied under the
International Taekwon-Do Federation (ITF).**



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